

At-Home Sexuality Education Resources for Adults

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BOOKS

Young Adults

Big Big Love: A sourcebook on sex for people of size

Come As You Are, by Emily Nagoski

Come Together, by Emily Nagoski

Girlsex 101, by Allison Moon & KD Diamond (gender-inclusive) *Guide to Getting It On*, by Paul Joannides

I Heart Orgasms, by Dorian Solot and Marshall Miller

Love and Asperger's: Practical strategies to help couples understand each other and strengthen their connection, by Kate McNulty

S.E.X.: The All-You-Need-to-Know Progressive Sexuality Guide to Get You Through High School and College, by Heather Corinna

The Joy of Gay Sex, Revised & Expanded Third Edition, by Charles Silverstein and Felice Picano

Adults (Young Adult books may also be appropriate for adults of all ages)

Couples by Intention: Creating and cultivating relationships that matter, by Elliott

Kronenfeld *Guide to Getting It On*, Paul Joannides

Magnificent Sex: Lessons from Extraordinary Lovers, by Peggy Kleinplatz and A Dana Ménard

Opening Up: A Guide to Creating and Sustaining Open Relationships, by Tristan Taormino

The Black Girls' Guide to Couple's Intimacy, by Lexx Brown-James

The Sex & Pleasure Book: Good Vibrations Guide to Great Sex for Everyone, by Carol Queen, Ph.D. and Shar Rednour

Naked at Our Age: Talking Out Loud About Senior Sex, by Joan Price

Our Bodies, Ourselves: Menopause, by the Boston women's Health Book Collective

What Fresh Hell Is This? Perimenopause, menopause, other indignities, and you, by Heather Corinna (gender-inclusive)