

Parent/Caregiver Orientation Plan

65 minutes

MATERIALS CHECKLIST

- newsprint, markers, and masking tape
- a display of resources you will be using, such as picture books and reference books about the human body, posters, anatomically complete dolls, etc.
- a sample Our Whole Lives journal
- the books used in this curriculum:
 - The Bare Naked Book*, by Kathy Stinson
 - Neither*, by Airlie Anderson
 - More Than Fluff*, by Madeline Valentine
 - A Family Is a Family Is a Family*, by Sara O’Leary
 - What Makes a Baby*, by Cory Silverberg (used in the Talking about Conception activity)
 - The Science of Babies*, by Deborah Roffman (used in the Talking about Conception activity)
 - Nine Months: Before a Baby Is Born*, by Miranda Paul
 - a book of photos of a developing fetus (two options: *A Child Is Born*, by Lennart Nilsson, and *The Science of Pregnancy: The Complete Illustrated Guide from Conception to Birth*, by Sarah Brewer and others, which was originally published as *The Pregnant Body Book*)

For Opening

- Handout 2: Our Whole Lives Philosophy and Goals, and the Orientation HomeLink
- optional: equipment to show a YouTube video

For What Messages Do We Want to Give Children about Sexuality?

- 5 x 8 index cards and pens

For Talking about Conception

- What Makes a Baby*, by Cory Silverberg, and *The Science of Babies*, by Deborah Roffman

For Closing

- copies of Handout 3: Our Whole Lives Content and Schedule, and Handout 4: Parent/Caregiver Commitment Form

PREPARATION

1. Preview the Amaze.org video called “How Do You Talk to Young Kids about Sex?” at amaze.org/jr. (Amaze.org videos are also available on YouTube.) Decide if you will take a few minutes to show this video to the parents and caregivers. If you prefer, you can view it for your own education and convey similar messages throughout your presentation.
2. Arrange chairs in a circle so participants are facing each other.

3. Set up a display of all course materials and additional resources you plan to use. Parents/caregivers should have access to all materials and resources you share with their children.
4. Make plans for snacks, if you want to provide them.
5. Write the Orientation-at-a-Glance agenda on newsprint, and post it where it can be seen by everyone.
6. Fill in Handout 3, Our Whole Lives Content and Schedule, with the date and time of each workshop.
7. Make hard copies of the Orientation HomeLink; Handout 2, Our Whole Lives Philosophy and Goals; the filled-out Handout 3: Our Whole Lives Content and Schedule; and Handout 4, Parent/Caregiver Commitment Form.
8. Create digital copies of the Orientation HomeLink and Handouts 2 and 3 that are accessible to screen readers. For help in how to do this, you may consult this or other resources: <https://support.microsoft.com/en-us/office/make-your-word-documents-accessible-to-people-with-disabilities-d9bf3683-87ac-47ea-b91a-78dcacb3c66d>. You may email these to parents and caregivers, or post them in a secure location online and email links to them.

For Remembering Our Own Sexuality Education

1. Post a piece of newsprint. On it, write the title “What messages did you receive about. . .” and under that, list the following topics:
 - your own body—including the sexual parts?
 - touch and the need for human affection?
 - masturbation?
 - different kinds of families (families with two moms or two dads, single-parent families, etc.)?
 - how babies are made?
 - gender roles: how you were expected to be or behave on the basis of your sex assigned at birth?
 - lesbian, gay, bisexual, transgender, or queer (LGBTQ) people and identities?
 - loving and intimate relationships?
 - how race and sexuality may interact?
 - how disability and sexuality may interact?
2. Practice reading Song of Songs 5:2-8 (below in Opening)

For Talking about Conception

1. Practice reading the books *What Makes a Baby*, by Cory Silverberg, and *The Science of Babies*, by Deborah Roffman, aloud.